the living (cf. Ps 141:6). Clinging completely to it let us, for the sake of our Lord Jesus Christ, never want anything else under heaven (RegCl 8:1-2).

something to wear, with these we are content” (1 Tim 6:8; RegNB 9:1). Let them particularly beware of money (RegNB 8:11). And let them be happy to

sins to a priest (Adm 23:3). They should also do worthy deeds that manifest their repentance (cf. EpFid II 25). They should fast and always strive to be

possible reverence and honor for the most sacred name, written words (Test 12) and most holy Body and Blood of our Lord Jesus Christ, through whom

And I, Brother Francis, your little servant, in so far as I am able, confirm to you within and without this most holy blessing”

Whoever will observe these things shall be filled with the blessings of the most high Father in heaven, and on earth with

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Chapter I

Our Identity

The Rule and Life of the Brothers and Sisters of the Third Order Regular of St. Francis

The Year and Life of the Brothers and Sisters of the Third Order Regular of St. Francis

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