SISTER M. AMATA FOLLAS 09/07/1910 – 08/30/1991



Legal Name: Helen Follas

City of Birth: Toledo OH

Parish: St. Joseph Location: Sylvania OH Entrance: 01/02/1927 Profession: 08/17/1928 Birthplace: Delphos OH Father's Name: Dorris Follas Birthplace: Scranton PA Mother's Name: Ethel Spillane

Institution and Location	Years of Service	Ministry
Immaculate Conception School, Port Clinton OF	I 1930-1933	Education
St. Michael School, Kelly's Island OH	1933-1934	Education
Immaculate Conception School, Port Clinton OF	I 1934-1945	Education
Central Catholic High School, Toledo OH	1945-1953	Education
SS. Peter and Paul School, Sandusky OH	1953-1957	Principal
Diocese of Toledo, Toledo OH	1957-1958	General Supervisor
St. Clare Academy, Sylvania OH	1959-1960	Principal
Cardinal Stritch High School, Oregon OH	1961-1967	Asst. Principal
Sisters of St. Francis, Sylvania OH	1967-1970	Directress
Sisters of St. Francis, Sylvania OH	1970-1972	Community Coordinator
St. Aloysius, Bowling Green OH	1972-1978	Education
Rosary Hall, Sylvania OH	1978-1991	Third Age Ministry